

Selected References and Resources for Safe and Healthy Schools

These materials are organized into two sections: one for safe schools, the other for healthy schools. These materials were included to provide essential knowledge to educators and others involved in developing safe and healthy schools.

To order resources published by the California Department of Education, contact the Bureau of Publications, Sales Unit, P.O. Box 271, Sacramento, CA 95812-0271; telephone (916) 445-1260, fax (916) 323-0823. For credit card purchases, call (800) 995-4099.

References and Resources for Safe Schools

Materials in this section are organized as follows: "Publications," "Videotapes," "Resource Centers," and "Website Listing."

The publication data in this section were supplied by the Safe Schools and Violence Prevention Office. Questions about these materials should be addressed to the Safe Schools and Violence Prevention Office at (916) 323-2183.

Publications

Biblio Alert! New Resources for Prevention of Injury and Violence.

Arlington, Va.: Children's Safety Network, National Center for Education in Maternal and Child Health, 1993.

This publication contains lists of current resources on topics related to child safety. Two such issues are "Focus on Firearms" and "Alcohol and Injury."

Child Abuse Prevention Handbook. Sacramento: Office of the Attorney General, Crime and Violence Prevention Center, 1986.

- Child Safety Curriculum Standards*. Westlake Village, Calif.: National School Safety Center, 1992.
- DeJong, William. *Preventing Interpersonal Violence Among Youths: An Introduction to School, Community, and Mass Media Strategies*. Cambridge, Mass.: Harvard School of Public Health, 1994. (Available from the National Criminal Justice Reference Service; see the "Resource Centers" section).
- Developing Personal and Social Responsibility*. Westlake Village, Calif.: National School Safety Center, 1992.
- Educated Public Relations: School Safety 101*. Westlake Village, Calif.: National School Safety Center, 1986.
- Erickson, F. "Conceptions of School Culture: An Overview," *Educational Administration Quarterly*, Vol. 23 (November, 1987).
- Family Violence: Prevention and Treatment*. Edited by Robert L. Hampton and others. Thousand Oaks, Calif.: Sage Publications, Inc., 1993.
- Final Report: State Task Force on Gangs and Drugs*. Sacramento: California Council on Criminal Justice, 1989.
- Final Report: State Task Force on Youth Gang Violence*. Sacramento: California Council on Criminal Justice, 1986.
- Fingerhut, Lois A. "Firearm Mortality Among Children, Youth, and Young Adults 1–34 Years of Age, Trends and Current Status: United States, 1985–90," *Advance Data from Vital and Health Statistics*, Vol. 231 (March 23, 1993).
- Freedom from Fear: Ending California's Hate Violence Epidemic*. Final report of the Lieutenant Governor's Commission on the Prevention of Hate Violence, January, 1993.
- The Future by Design—A Community Framework: Preventing Alcohol and Other Drug Problems Through a Systems Approach*. Washington, D.C.: U.S. Department of Health and Human Services, Center for Substance Abuse Prevention, 1991.
- Gangs in Schools: Breaking Up Is Hard to Do*. Westlake Village, Calif.: National School Safety Center, 1993.
- Growing Up Drug Free: A Parent's Guide to Prevention*. Washington, D.C.: U.S. Department of Education, 1990.
- Law in the School* (Revised edition). Sacramento: Office of the Attorney General, Crime and Violence Prevention Center, 1996.
- LA Youth: The Newspaper By and About Los Angeles Teens*, November-December, 1993.
- Learning to Live Drug Free: A Curriculum Model for Prevention*. Washington, D.C.: U.S. Department of Education, 1990.

The Need to Know: Juvenile Record Sharing. Westlake Village, Calif.: National School Safety Center, 1989.

Not Schools Alone: Guidelines for Schools and Communities to Prevent the Use of Tobacco, Alcohol, and Other Drugs Among Children and Youth. Sacramento: California Department of Education, 1990.

On Alert! Gang Prevention: School In-service Guidelines. Sacramento: California Department of Education, 1994.

Parents on Campus: A Handbook Designed to Help Support a Safe and Caring Campus. Sacramento: San Juan Unified School District, n.d.

Poplin, Mary, and Joseph Weers. *Voices from the Inside: A Report on Schooling from Inside the Classroom*. Claremont, Calif.: The Institute for Education in Transformation at the Claremont Graduate School, 1992.

Preventing Chaos in Times of Crisis: A Guide for School Administrators. Los Alamitos, Calif.: Southwest Regional Laboratory, 1992.

The Prevention of Youth Violence: A Framework for Community Action. Atlanta: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention, 1993.

Prevention Plus II: Tools for Creating and Sustaining a Drug-Free Community. Washington, D.C.: U.S. Department of Health and Human Services, Center for Substance Abuse Prevention, 1989.

Prevention Plus III: Assessing Alcohol and Other Prevention Programs at the Community Level. Washington, D.C.: U.S. Department of Health and Human Services, Center for Substance Abuse Prevention, 1991.

Prevention Resource Guide: Elementary Youth. Washington, D.C.: U.S. Department of Health and Human Services, Center for Substance Abuse Prevention, 1991.

Prevention Resource Guide: Preschool Children. Washington, D.C.: U.S. Department of Health and Human Services, Center for Substance Abuse Prevention, 1990.

Prevention Resource Guide: Secondary School Students. Washington, D.C.: U.S. Department of Health and Human Services, Center for Substance Abuse Prevention, 1991.

Prothrow-Stith, Deborah. *Deadly Consequences: How Violence Is Destroying Our Teenage Population and a Plan to Begin Solving the Problem*. New York: HarperCollins Publishers, 1993.

Safe Schools: A Planning Guide for Action (1995 Edition). Sacramento: California Department of Education and the Crime and Violence Prevention Center of the Office of the California Attorney General, 1995.

School Attendance Improvement: A Blueprint for Action. Sacramento: California Department of Education, 1983.

School/Community Violence Prevention: Focus on Gangs. Sacramento: California Department of Education and California Department of Justice, Office of the Attorney General, 1994.

School Crime. Washington, D.C.: U.S. Department of Justice, Bureau of Justice Statistics, 1991.

School Crime and Violence: Victims' Rights. Westlake Village, Calif.: National School Safety Center, 1992.

School Discipline Notebook (Revised edition). Westlake Village, Calif.: National School Safety Center, 1992.

School Safety Checkbook. Westlake Village, Calif.: National School Safety Center, 1990.

Schools and Drugs: A Guide to Drug and Alcohol Abuse Prevention Curricula and Programs (Revised edition). Sacramento: California Department of Justice, Office of the Attorney General, Crime and Violence Prevention Center, 1991.

Set Straight on Bullies. Westlake Village, Calif.: National School Safety Center, 1989.

Suicide Prevention Program for California Schools. Sacramento: California Department of Education, 1987.

Toward a Drug-Free Generation: A Nation's Responsibility. Washington, D.C.: U.S. Department of Education and Office of National Drug Control Policy, 1990.

"Violence in Schools: Current Status and Prevention," *School Health: Policy and Practice*. American Academy of Pediatrics, Committee of School Health Staff. Elk Grove Village, Ill.: American Academy of Pediatrics, 1993.

What Works: Schools Without Drugs. Washington, D.C.: U.S. Department of Education, 1992.

"When Killers Come to Class," *U.S. News & World Report*, November 8, 1993.

Youth Involvement: Developing Leaders and Strengthening Communities. Washington, D.C.: U.S. Department of Housing and Urban Development, Partners for Youth Leadership, and the Office of Public and Indian Housing, 1990.

Videotapes

Chaos to Calm . . . Creating Safe Schools. Sacramento: California Department of Justice, Office of the Attorney General, Crime and Violence Prevention Center, 1984.

Community-Oriented Policing and Problem Solving. Sacramento: California Department of Justice, Office of the Attorney General, Crime and Violence Prevention Center, 1992 (video and guide).

Drug Free Zones . . . Taking Action. Sacramento: California Department of Justice, Office of the Attorney General, Crime and Violence Prevention Center, 1991.

Drugs and Youth . . . The Challenge. Sacramento: California Department of Justice, Office of the Attorney General, Crime and Violence Prevention Center, 1991.

Gangs: Turning the Corner. Sacramento: California Department of Justice, Office of the Attorney General, Crime and Violence Prevention Center, 1994.

High Risk Youth: At the Crossroads. Westlake Village, Calif.: National School Safety Center, 1989.

Kids in the Crossfire: An ABC Special with Peter Jennings. Taped at Eliot Junior High School, Washington, D.C.; broadcast in November, 1993.

Raising Children in Troubled Times. Los Angeles: Los Angeles Unified School District, 1992.

A video series for helping parents deal successfully with the supervision and discipline of children; sets available in English and in Spanish.

Safe Schools: A Guide for Action. Sacramento: California Department of Justice, Office of the Attorney General, Crime and Violence Prevention Center, 1989.

School Crisis: Under Control. Westlake Village, Calif.: National School Safety Center, 1991.

Resource Centers

American Bar Association Special Committee on Youth Education for Citizenship, 541 North Fairbanks Ct., Chicago, IL 60611-3314; telephone (312) 988-5735.

American Bar Association Standing Committee on Dispute Resolution, 1800 M St., NW, Washington, DC 20036; telephone (202) 331-2258.

California Department of Education, School Safety and Violence Prevention Office, P.O. Box 944272, Sacramento, CA 94244-2720; telephone (916) 323-2183.

California Department of Justice, Office of the Attorney General, Crime and Violence Prevention Center, P.O. Box 944255, Sacramento, CA 94244-2550; telephone (916) 324-7863.

Center for Civic Education, 5146 Douglas Fir Rd., Calabasas, CA 91321; telephone (818) 591-9321.

Center for Media Literacy, 1962 S. Shenandoah St., Los Angeles, CA 90034; telephone (310) 559-2944.

Children's Safety Network, National Center for Education in Maternal and Child Health, 2000 15th St., N, Suite 701, Arlington, VA 22201-2617.

Conflict Resolution Resources for Schools and Youth, Community Board Program, Inc., 1540 Market St., Suite 490, San Francisco, CA 94102-1250; telephone (415) 552-1250.

Constitutional Rights Foundation, 407 South Dearborn, Suite 1700, Chicago, IL 60605; telephone (312) 663-9057.

Constitutional Rights Foundation, 601 South Kingsley Dr., Los Angeles, CA 90005; telephone (213) 487-5590.

Drug Information and Strategy Clearinghouse, P.O. Box 6424, Rockville, MD 20850; telephone (800) 955-2232.

Drugs and Crime Data Center and Clearinghouse, 1600 Research Blvd., Rockville, MD 20850; telephone (800) 666-3332.

National Association for Mediation in Education, University of Massachusetts, 205 Hampshire House, P.O. Box 33635, University of Massachusetts, Amherst, MA 01003-3635; telephone (413) 545-2462.

National Clearinghouse for Alcohol and Drug Information, P.O. 2345, Rockville, MD 20852; telephone (800) 729-6686.

National Criminal Justice Reference Service, Box 6000, Rockville, MD 20850; telephone (800) 851-3420.

National Educational Service, 1610 W. Third St., P.O. Box 8, Bloomington, IN 47402; telephone (812) 336-7700.

National Institute for Citizen Education in the Law, 711 G St., SE, Washington, DC 20003; telephone (202) 546-6644.

National Institute for Dispute Resolution, 1901 L St., NW, Suite 600, Washington, DC 20036; telephone (202) 466-4764.

National School Safety Center, 4165 Thousand Oaks Blvd., Suite 290, Westlake Village, CA 91362; telephone (805) 373-9977.

Regional Centers for Drug-Free Schools and Communities:

Northern California. Dr. Beverly Farr, Director, Northern California Comprehensive Assistance Center, WestEd, 730 Harrison St., San Francisco, CA 94107; telephone (415) 565-3000 and (800) 64-LEARN.

Southern California. Celia C. Ayala, Director, Southern California Comprehensive Assistance Center, Los Angeles County Office of Education, 9300 Imperial Hwy., Downey, CA 90242-2890; telephone (310) 922-6111.

U.S. Department of Education, Office of Elementary and Secondary Education, Drug Planning and Outreach Unit, 400 Maryland Ave., SW, Washington, DC 20202; telephone (800) 788-2800.

Website Listing

Safe Schools and Violence Prevention

<http://goldmine.cde.ca.gov/spbranch/safetyhome.html>

The Safe Schools and Violence Prevention website offers the latest information on safe and drug-free schools and communities. Interested browsers will find information on departmental programs, including the School/Law Enforcement Partnership, Conflict Resolution and Youth Mediation, Gang Risk Intervention Program, and the Targeted Truancy and Public Safety Program. This website also provides downloadable grant applications and links to other safety sites.

References and Resources for Healthy Schools

Materials in this section are organized as follows: "Publications and Video Materials," "Resources for Healthy Schools in the California Department of Education," "California Department of Education Websites," and "Other Sources." The publication data in this section were supplied by the Learning Support and Partnerships Division. Questions about these materials should be addressed to the Learning Support Partnerships Division at (916) 653-3314.

Publications and Video Materials

Challenge Tool Kits. Sacramento: California Department of Education, 1997. The kits include insightful information about creating safe schools, family-school compacts, school facilities, service learning, site-based decision making, and student activities. Available from the California Department of Education. For information on availability, call (800) 995-4099.

Challenging Standards for Student Success: Draft Interim Content and Performance Standards (1996 Revised edition). Sacramento: California Department of Education, 1996. This document is corollary to the State Superintendent's Challenge Initiative and

contains standards for language arts, mathematics, history–social science, science, health education, physical education, visual and performing arts, foreign language, applied learning, service learning, and career preparation.

Community Assessment Tips and Tools. Davis: Healthy Start Field Office, University of California, Davis, n.d. Sample forms and procedures are provided for conducting an assessment of a community's strengths and needs.

Healthy Start Evaluation Guidebook. Sacramento: California Department of Education, 1996. This guidebook offers a results-based evaluation and includes plans for its development, resources for getting started, and report forms with explanations of reporting requirements. Prepared by the Healthy Start Office, (916) 657-3558.

Planning Packet. Davis: University of California, Davis, 1994. The packet includes an in-depth discussion of activities that bring together a planning team to create a shared vision and manage the planning process. Also included is a comprehensive discussion of a community needs assessment as well as tips, tools, and activities to help in conducting such an assessment. Prepared by the Healthy Start Field Office, (916) 752-1277.

Quality Review Self-Study Items. Prepared by Howard Adelman. Los Angeles: University of California, Los Angeles, 1996. These items include self-assessment questions in support of transitions, classroom enabling, crisis assistance and prevention, home involvement in schooling, community outreach, student and family assistance, and restructuring of support services. Available from the Healthy Start Field Office, (916) 752-1277.

Strategies for Success: A Resource Manual for SHAPE California Child Nutrition Programs. Sacramento: California Department of Education, 1995. Tools and strategies for improving nutrition services and nutrition education, featuring innovative practices from school districts.

Learning Environment and School Culture

Benard, Bonnie. *Fostering Resiliency in Kids: Protective Factors in the Family, School, and Community*. Portland, Oreg.: Western Regional Center for Drug-Free Schools and Communities, 1991.

Benard, Bonnie. *Fostering Resiliency in Urban Schools*. San Francisco: WestEd, 1995. This compendium of papers is available from WestEd, (415) 565-3000.

- Benard, Bonnie. *Turning the Corner—From Risk to Resiliency*. San Francisco: WestEd, 1993. This compendium of articles is available from WestEd, (415) 565-3000.
- Continuity for Young Children: Positive Transitions to Elementary School*. Sacramento: California Department of Education, 1997.
- 5 A Day Power Play: School Idea and Resource Kit*. Sacramento: California Department of Education, 1994. Each kit provides ideas and activities for students to explore healthy eating habits. Each kit contains camera-ready teaching aids, such as work sheets, letters to parents, game sheets, art, and recognition stickers, including take-home materials in English and Spanish. Also included is a popular audiotape of the *5 A Day Fruit and Vegetable Rap*, stickers, parent brochures, a large colored poster, and several miniposters featuring the *Power Play* logo.
- Health Framework for California Public Schools*. Sacramento: California Department of Education, 1994. This framework identifies the unifying ideas of health literacy: acceptance of personal responsibility for lifelong health, respect for and promotion of the health of others, an understanding of the process of growth and development, and informed use of information, products, and services.
- Kids' Time: A School-Age Care Program Guide*. Sacramento: California Department of Education, 1994; and *Kids' Time: Planning School-Age Care Activities* (Video). Sacramento: California Department of Education, 1996. This booklet and video identify exemplary school-age care programs in a variety of settings. They guide caregivers in program development and offer suggestions for enriching existing programs.
- Organizing a Successful Parent Center*. Sacramento: California Department of Education, 1994. This booklet helps educators, parents, and community leaders strengthen schools by launching an effective parent center. Planning information, funding opportunities, basic equipment and supplies, and staffing are discussed.
- Physical Education Framework for California Public Schools*. Sacramento: California Department of Education, 1994. This framework describes a sequential physical education program to help students maintain active, healthy lifestyles.
- Pittman, Karen J. *Preventing Problems or Promoting Development: Competing Priorities or Inseparable Goals?* N.p.: The Center for Youth Development and Policy Research, 1995.

Pittman, Karen J., and M. Cahill. *Pushing the Boundaries of Education: The Implications of a Youth Development Approach to Education Policies, Structures, and Collaborations*. N.p., 1992.

Volunteer Programs in California Public Schools. Sacramento: California Department of Education, 1994. Volunteer programs benefit teachers, students, parents, and volunteers. The wide-ranging roles that volunteers play in public schools are revealed in this book through descriptions of exemplary volunteer programs in place throughout the state.

Partnerships

California Strategic Plan for Parental Involvement in Education. Sacramento: California Department of Education, 1992. Various levels of parent involvement in schools and ways to cultivate partnerships with families are discussed in this book.

Culture and Family-Centered Practice. N.p.: Family Resource Coalition, National Resource Center for Family-Centered Practice, 1995. FAX number (312) 341-9361.

Ensuring Student Success Through Collaboration. Washington, D.C.: Council of Chief State School Officers, 1992. (202) 408-5505. The importance of coordinated services in education reform is stressed in this compilation of visionary articles.

Great Ideas from Healthy Start. Davis: Healthy Start Field Office, University of California, Davis, n.d. Provides ideas for increasing the involvement of parents in education. For more information, telephone (916) 752-1277.

Strong Families, Strong Schools: Building Community Partnerships for Learning. Washington, D.C.: U.S. Department of Education, 1994. This publication provides a research base for family involvement in learning.

Personalized Assistance

Differentiating the Core Curriculum and Instruction to Provide Advanced Learning Opportunities. Sacramento: California Department of Education, 1994. This booklet can help teachers and program directors to develop curricula that provide sufficient depth, complexity, novelty, and acceleration for advanced and gifted students.

Every Student Succeeds: A Conceptual Framework for Students at Risk of School Failure. Sacramento: California Department of Education, 1994. This publication presents sound educational theory

and practices for ensuring that all students succeed in school and are prepared for the job market and a changing society.

Family-focused Case Management Assessment Tool. Davis: Healthy Start Field Office, University of California, Davis, 1994. This tool helps educators to gain an overall picture of a school site's progress to date in planning or implementing a family-focused case management system, to identify strengths and weaknesses, to prioritize areas that need further development, and to describe brainstorming strategies useful in developing these areas. Prepared by the Healthy Start Field Office, (916) 752-1277.

Healthy Start Sustainability Resource Packet. Davis: Healthy Start Field Office, University of California, Davis, n.d. A compendium of financial planning tools and information on funding sources.

Melaville, A. I., and M. J. Blank. *Together We Can: A Guide for Crafting a Profamily System of Education and Human Services*. Washington, D.C.: Education and Human Services Consortium, 1993. A five-stage framework and illuminating milestones and land mines are included in this publication to help partners collaborate and develop their own processes for changing complex systems.

Resources for Healthy Schools in the California Department of Education

Child Development

Child Development Division
560 J Street, Room 220
Sacramento, CA 95814
(916) 322-6233

Grants and assistance for child development programs, including preschool and after-school programs

Curriculum Frameworks and Instructional Resources

Curriculum Frameworks and Instructional Resources Office
721 Capitol Mall, 6th Floor
Sacramento, CA 95814
(916) 657-3023

Information about instructional resources in health for kindergarten through grade eight adopted by the State Board of Education and about supplementary materials reviewed for social content.

Health

Comprehensive School Health Program Office
721 Capitol Mall, 3rd Floor
Sacramento, CA 95814
(916) 657-3450

*Comprehensive health, health education, physical education,
and HIV/AIDS prevention education activities*

Drug, Alcohol, and Tobacco Abuse Prevention

Healthy Kids Program Office
721 Capitol Mall, 3rd Floor
Sacramento, CA 95814
(916) 657-2810

*Drug, alcohol, and tobacco abuse prevention grant programs
and strategies*

Gifted and Talented Education (GATE)

Gifted and Talented Education (GATE)
721 Capitol Mall, 4th Floor
Sacramento, CA 95814
(916) 657-5257

**Healthy Start Initiative (School Integrated Services) and
Improving America's Schools Act, Title XI (Coordinated
Services)**

Healthy Start Office
721 Capitol Mall, 5th Floor
Sacramento, CA 95814
(916) 657-3558
<http://goldmine.cde.ca.gov/cyfsbranch/lsp/hshome.htm>

*Grants and assistance on school integrated supports and services
to assist children, youths, and families*

Homeless Children Services

McKinney Homeless Assistance Act
Elementary Networks Office
P.O. Box 944272
Sacramento, CA 94244-2720
Phone the Department's main information number,
(916) 657-2451.

*Grants and assistance on education services for homeless children
and youths*

Nutrition Education and Services

Child Nutrition and Food Distribution Division

560 J Street, Room 270

Sacramento, CA 95814

(916) 445-0850

<http://goldmine.cde.ca.gov/cyfsbranch/cnfddiv/cnfdd.htm>

Healthy school meals, nutrition education and training, and supportive partnerships

Family and Community Partnerships

Family and Community Partnerships Office

721 Capitol Mall, 3rd Floor

Sacramento, CA 95814

(916) 653-3768

Family and Community Partnerships Website

<http://goldmine.cde.ca.gov/cyfsbranch/lsp/famhome.htm>

Educational programs in the areas of family involvement, CalServe service learning, teen pregnancy prevention and intervention, foster youth services, and intergenerational education

CalServe Website

<http://goldmine.cde.ca.gov/cyfsbranch/lsp/cshome.htm>

CalServe Fact Sheet, California Youth Service Networks, CalServe Web Resources, CalServe Partnership Sites and Descriptions, CalServe Coordinated Compliance Review, and Challenge Standards

Other resources for healthy schools are available from the following offices: county agencies, nonprofit agencies, social services agencies, county health departments, county offices of education, mental health departments, community colleges, and state universities.

California Department of Education Websites

General Department information

<http://goldmine.cde.ca.gov>

This is the gateway to information posted by the Department on a variety of topics.

Healthy Start and Family and Community Partnerships

<http://goldmine.cde.ca.gov/cyfsbranch/lsp/famhome.htm>

The Healthy Children, Youth, and Families homepage offers a wide range of news, publications, documents, and clickable directories, including Healthy Start and Family and Community

Partnerships, which are updated regularly. A link to the Healthy Start Field Office gives browsers the ability to subscribe to the ListServe without leaving the website. Future Healthy Start developments will include on-line forms and interactive news groups. The Healthy Start Family and Community Partnerships Directory links the user to information regarding teen pregnancy prevention and intervention, foster youth services, CalServe service learning, parent involvement, and intergenerational education.

Other Sources

Bureau of Publications, Sales Unit, California Department of Education, telephone (800) 995-4099. Ask for a free *Educational Resources Catalog*.

California Tomorrow. (415) 441-7631. Ask for this organization's catalog of publications on diversity, community, and immigration topics.

Healthy Kids Resource Center. (510) 670-4581. Resources for comprehensive school health programs are available on a free loan basis to all educators and child care and child nutrition professionals.

Healthy Start Field Office, University of California, Davis. (916) 752-1277. The Healthy Start Field Office houses a resource center for information about Healthy Start and school-linked, coordinated services. Telephone the number listed above to obtain a list of free and low-cost items, including forms and procedures used by various schools and districts.